



King County

Mental Health, Chemical Abuse and Dependency Services Division

Department of
Community and Human Services
CNK-HS-0400

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KING COUNTY ALCOHOLISM AND SUBSTANCE ABUSE ADMINISTRATIVE BOARD (KCASAAB)

MEETING

March 1, 2012

KCASAAB Members Present: Joan Clement, Pat Godfrey, Therese Grant, Esther Osborne, Robyn Smith, Sarah Swenson

KCASAAB Members Absent: Jim Benbow, Linda Brown, Mike Elsner, Roger Goodman, Gina Grappone, Ruvin Munden, (excused); Mary Ann LaFazia, (unexcused)

Guests Present: Ardi Bury, Pat Knox, (RCKC); Kevin Kincaid, (Microsoft); Bob Leonard, (DBHR); Peggy Papsdorf, (PHS); Al Sweeten, (SIHB)

Mental Health, Chemical Abuse and Dependency Services Division (MHCADSD) Staff Present: Bryan Baird, Sharon Toquinto, Jim Vollendroff

Board Vice Chair, Pat Godfrey convened the King County Alcoholism and Substance Abuse Administrative Board meeting at 11:35 a.m. The meeting was held at Chinook Building, 401 5th Avenue, Seattle, conference room 121.

I. Welcome and Introductions ~ *Pat Godfrey*

Pat welcomed everyone and introductions were made by each person in attendance. A quorum was not present.

II. Review / Approval of January 5, 2012 and February 2, 2012 Minutes ~ *Pat Godfrey*

Minutes were not approved as a quorum was not present.

III. Member Leave of Absence Request

Member Mike Elsner is requesting a leave of absence through May 2012. Moved and seconded by present members, together with Mike's vote, consists of a board majority for approval. Leave of Absence granted.

IV. Division of Behavioral Health and Recovery (DBHR) Update ~ Bob Leonard

Bob reported over 190 people attended the Warm Beach Retreat and thanked MHCADSD staff for an excellent job at providing chemical dependency (CD) and mental health (MH) service information.

V. Prevention Update ~ Sharon Toquinto

The MHCADSD prevention section released an Request for Proposal (RFP) on February 16, 2012, to subcontract for new PRI services set to start July 1, 2012. Two communities have been selected with an additional two communities by March 31, 2012. Prevention had the bidders conference on Monday, February 27 with agency representation from Renton Area Youth Services, Washington Asian Pacific Islander Families Against Substance Abuse, Auburn Youth Resources (AYR), Navos, and SafeFutures. The final application is due by March 13th at 2 p.m.

Additional Prevention Updates:

The Drug-Free Communities Grant on Mercer Island passed a social posting ordinance and is interested in coming to discuss their accomplishments with the board. The Board agreed that they would be interested in have a presentation at a future meeting,

The House reduced the Community Organizing Program (COP) budget by 36 percent for this supplemental budget and then reduced by 64 percent for next fiscal year, essentially eliminating the program altogether. The Senate budget is proposing a 10 percent reduction in the statewide budget; The Department of Commerce would retain an additional 10 percent for administrative costs, thus reducing the COP budget by a total of 20 percent.

Inga Manskoff, Prevention WINS Coordinator, Adolescent Medicine, Seattle Children's, had sent a link to Sharon about a legislative workgroup where two separate committees who had presented in favor of Initiative 502 going through. Sharon will send the link to the board later today.

VI. A/D Coordinator's Report ~ Jim Vollendroff

Jim spoke briefly to the following points:

- On March 13, 2012, from 10 a.m. to noon, the Washington State Liquor Control Board is holding a public forum on Initiative 1183: liquor privatization initiative. They are holding a Public Health and Safety stakeholder meeting in Olympia with an ability to call in. Jim plans to participate. Link to the event will be sent out to Board members who might want to participate.
- Board membership vs. the county code around membership. The county code says the board SHALL consist of 15 members which is contrary to the state RCW and the board bylaws which state the board MAY consist of 15 members. Jim requested the board to consider pursuing a change to the county code so that it

will be in line with the bylaws and that of the state RCW to read: "MAY be up to 15 members." With the board's recommendation, Jim will begin working on this change to the code. The board agreed.

- Jim announced the Communities Putting Prevention to Work (CPPW) grant held their final meeting today and has invited Sherry McCabe, Program Manager, to the May 3rd KCASAAB meeting to summarize the CPPW accomplishments and present a draft evaluation. Jim reported it was a very worthwhile project with significant challenges, but with tangible work efforts done by providers and MHCADSD staff.
- A request has come from Suzanne Wietting and Linda Brown about recognizing the upcoming 5th anniversary of the Recovery Garden. Jim suggested having a picnic in September 2012 as part of a Recovery Month activity. Suzanne has asked if the board would be interested in joining them in a joint sponsorship in Recovery Month activities. Joan suggested inviting the providers. Jim will follow up with Suzanne.
- Board member handbook is currently being revised by Jim and Bryan. With the board's approval, Jim would like to transition the handbook to an online version rather than distributing hard copies that needs updates often. The Board is amenable to this suggestion.

Session Update

The MHCADSD is supportive of the Senate Democratic Budget which reduces the CD budget by \$188,000--significantly better than the House budget by approximately \$9 million.

The session is slated to end on March 8 and a special session is not scheduled at this time.

2012 Work Plan

Each year, MHCADSD management team holds a retreat that builds a work plan for the current year to outline planned accomplishments. They are:

- Implementation of health reform and invite someone to educate the board about what the implications of health reform are.
- Address the needs of older adults in both MH and CD. Jim noted the Age 50+ population is under represented.
- Update county recovery ordinance. Moving it from a MH recovery ordinance to a behavioral health recovery ordinance. The recovery ordinance in the county code would change from MH to include CD provider network as part of the work to move toward a Recovery Oriented System of Care (ROSC).
- Expand access to medication assisted treatment (methodone, non-methodone, etc.). This also means expansion of services to methodone, opening a methodone clinic in East and South King County. In a recent data poll, there are 150 people coming from east King County and over 350 from south King County

to downtown to receive daily methodone dosing. Jim's goal is to have each agency at no more than 400.

- Implementation of the Screening, Brief Intervention, and Referral to Treatment (SBIRT) grant/all federal grants. Assertive Adolescent Family Treatment (AAFT)-3 will wrap up this year with a no cost extension for six months. As the AAFT-3 grant winds down, MHCADSD will be looking for new grants. Regarding the SBIRT grant, the goal is to replicate the grant from King County to other counties despite the many challenges of the implementing/integrating in diverse primary care settings. The MHCADSD is working with SeaMar and public health clinics; Neighborcare has pulled out of this opportunity. The MHCADSD will meet with Swedish Hospital on Monday, March 5th to discuss this opportunity. Other interested agencies include Harborview Medical Center and the University of Washington, who are looking to participate.
- Updating MHCADSD Strategic Plan
- Completion of ROSC Strategic Plan
- Expand youth services to Federal Way and West Seattle. The MHCADSD is actively working with AYR to take treatment services to Federal Way, and with Navos for West Seattle.
- Updating the King County opiate substitution ordinance as it's outdated.
- The Prevention RFP, that includes tobacco prevention, was released on February 16.
- An RFP for CD services in 2014; planning beginning now to be released in 2013 for services to begin in 2014.
- Two areas about retention and performance based contracting with the state with a primary focus on retention. Other areas on focus include:
 - Conversion from detox to treatment
 - Conversion from assessment to treatment for outpatient providers

Opiate Program for youth/young adults

An emerging issue of opiate use among adolescents is ever present in King County with more and more heroin use among youth that has even lead to the deaths of some young adults. The SAMA Foundation and Juvenile Probation have teamed with MHCADSD to develop a protocol for this population. SAMA and MHCADSD will pool funds and collaborate with national experts to identify this new protocol. More information to come.

Agency Retention Reports

Jim provided report examples for both youth and adult CD agencies. These reports provide county and individual provider performance standard data that tracks admissions for the last 12 months in adult and youth outpatient programs. The MHCADSD is looking to ensure the accuracy of the reports. King County is nearly 10 percentage points higher than the state average retention rate. Falling below this statewide average will result in sanction penalties. Jim wants individual providers to bring their percentage up or these financial sanctions may move to the provider level. Jim plans to put these reports on the MHCADSD website beginning July 2012.

Jim also distributed and briefly discussed Opiate Substitution Treatment retention rate tables.

VII. New Business

[Liaison Descriptions](#)

Members were asked to review the list of liaison descriptions, to think about new and/or continued positions for a discussion at the board retreat meeting in April.

The SAMA Foundation is hosting the Annual Knowledge is Power Luncheon Friday, March 2nd from noon to 1 p.m., at the downtown Seattle Sheraton.

VIII. Liaison Reports ~ *Pat Godfrey*

This year, the Legislative Forum is scheduled for Thursday, November 15 at a new location: Town Hall, 1119 8th Avenue, Seattle, 98101.

IX. Agency and Other Concerns

No report.

X. Adjournment

There being no further business, the meeting was adjourned at 12:55 p.m.

Prepared by:

Bryan Baird
Recording Secretary

Attested by:

Pat Godfrey
Board Vice Chair